



Sports Newsletter

Autumn Term



December 2014

Despite the busyness of this term, with Christmas plays, carol concerts, the Christmas Fayre and Ofsted, we have still managed to enjoy plenty of P.E. and sport. The clubs have been as popular as ever, with around 50% of children attending at least one club, and around 20% attending more than one.

We have also enjoyed plenty of competitive sport, with the year 5/6 badminton team winning through to the Cornwall School Games Finals, the cross country teams being very competitive, the football and netball teams enjoying league and cup matches plus a group of year six swimmers raising over £300 for Children's Hospice South West.

As we move into the new year, we can look forward to more football, netball and cross country as well as tag rugby and swimming fixtures and more chances for teams to qualify for the Cornwall School Games Finals in June.

Well done to all of the children who have been involved, and to the parents who are always there supporting your children. A final thanks must go to all of the staff who get involved to give these opportunities to the children - I certainly couldn't do it all on my own!

Have a great Christmas and New Year. See you all in 2015!

Mr. Wallbank

Badminton - Cornwall School Games Qualifiers

On Friday 5th December, both of our badminton teams travelled to Newquay Treviglas Sports Hub to take part in the Cornwall School Games Qualifiers in an attempt to reach to County Finals next June.

The year 3/4 team were up first, rotating around a series of skills stations to test different skills used in a proper game. They scored points for how well they performed at each timed challenge, which were added together for an overall team total at the end. With the top two teams qualifying for the finals, the team were unfortunate to just miss out by 17 points. The final scores were:

1st - Charlestown 1218

2nd - Bishop Bronescombe 767

3rd - Biscovey 750

4th - St. Mawes 748

Well done to the whole team who performed fantastically well: Riley Tucker, Carragan Church, Kieran Rundle, Kourtney Buzza and Katie Burrows.

Following this, the year 5/6 team competed in quickfire timed singles matches. The games were very fast and furious, and the opposition proved to be strong. With each child playing two games against each school, the team were able to play six games of singles each - a total of 24 games. All of the matches were very close, often only having one or two points separating the scores at the whistle.

The year 5/6 team went one better than the year 3/4s, as they finished in second place behind Grampound to qualify for the county finals in June! A huge well done to Aiden Drew, Harvey Cullum, Francesca Johns and Finley Turner!



2nd place & County Finalists
Year 5/6 Badminton Team



3rd Place
Year 3/4 Badminton Team



Primary Member
2014/15



Healthy Schools



Charity Swimathon

November saw the annual Lion's Club Swimathon take place at Polkyth, and as usual we entered a boy's team and a girl's team. The aim of the event is for a team of six swimmers to keep a continuous relay going for 55 minutes, with each swimmer completing two lengths (50m) at a time.

Both teams started enthusiastically, flying out of the blocks for a quick first round with the girls being about half a length ahead after each swimmer had swum once. Unfortunately for the boys, lead by myself and Mr. Mayman the girls continued to pull ahead and did not give us an easy time. However, all of the boys - Dan Smith, Shailan Dungey, Louis Hart and Macartney Retallick - gave it their all and left the pool at the end knowing they had given it their best shot.

However, the girls team showed some great endurance to romp to victory, with all team members contributing to their overall result. The victorious team consisted of Anais Thomas, Ebony Underwood, Kelsey Jeffreys, Tallulah Pender, Miss. Nile and Mrs. Chan.

More important than the result was the fact we were doing it to raise money for Children's Hospice South West. I was amazed to see the efforts each child put into raising the money and between the eight of them, a total of £325.50 was raised - absolutely amazing!

Well done to all concerned, both for your efforts on the day and in raising money. I look forward to next year, when the boys will be out to regain their title.

Mr. Wallbank

League Football

We are now halfway through the football season, with five games completed and five to play in the new year. Only one game fell foul of the weather, meaning two fixtures were played, firstly at home to Sandy Hill followed by a trip to St. Mewan.

A Team

Facing a tough side, and without our first choice team, it was always going to be a tricky fixture. We started well and despite going behind to an early goal, we soon equalised with Aaron Jones playing a great long cross into the box for Harry Hambly to finish well. Just before half time, Sandy Hill took the lead again and a third goal soon followed. After Sandy Hill scored again to almost certainly win the game, both teams went into attack mode, trying hard to score but not worrying too much about defending! Rio Thomas scored a good goal from outside the area to pull one back but it proved only to be a consolation goal in a home defeat.

This was followed by a superb performance away to St. Mewan, who are always strong opponents. Whilst St. Mewan enjoyed more early possession, it was due to good defending from Rio Ward and Jack Rowe, backed up by some great saves from Shailan Dungey in goal that kept them at bay. Late in the first half, St. Mewan did take the lead when a cross was whipped in and skimmed off of the head of a St. Mewan player and hit the bottom of the cross bar before bouncing behind the line. In the second half, we continued to defend well and created a few opportunities to score for ourselves but failed to find an equaliser, meaning a respectable 1-0 loss.

B Team

The B Team started very well at home to Sandy Hill, with the team scoring early on and continuing to dominate in their best display of the season. Amelia Budge, Finley Retallick and Gabriel Davey all scored one goal each, whilst Josh Guard grabbed a brace to ensure a 5-1 win, with Alex Bowes in goal making a couple of good saves to prevent the score being closer. With further performances like this, the team should be confident of a good second half to the season.

The following week, St. Mewan were the opponents and they found us off our best, which against a team of their calibre is always going to mean a difficult match. So it proved as we struggled to pass the ball in the style that I know we are capable of, whilst St. Mewan took advantage, scoring at regular intervals to enjoy a 4-0 win.

It has been a reasonable start to the season, but I am certain the team are capable of pushing on in the league to finish well by the end of the season.

Year 4 Team

Having started the season well, our next game was at home to Sandy Hill. It was a tight affair that either team could have won. However, on the day we failed to take advantage of the chances we had, whilst Sandy Hill showed a little more clinical finishing to leave with three points. Similar to several games this season, it is a game we could easily have won and the whole team showed great potential for a strong team.

Our trip to St. Mewan proved to be a tough one, with St. Mewan running out 3-1 winners. However, at times we played some good passing football and the goal was a good one, coming from year 3's Lucas Kaye who finished well.

The team have shown so far that they are capable of playing some great football and now need to keep working hard to ensure they get the results they deserve each week.

R. Wallbank

"I think that people always see reasons why they can't win. I have always been someone who thinks why can't I?"

Sir David Brailsford, Head of GB Cycling.

Sports Kit

If your child is chosen to represent the school, can you please ensure that any kit they bring home is washed and returned as soon as possible.

It may be required for other children to use in other fixtures. Thank you for all of your help!

Indoor Football Tournament

On Friday 5th December, the A Team took part in the annual indoor football tournament at Polkyth. In a tricky group, we were drawn to play eventual winners St. Stephen in our first game, a team who had already beaten us in the league. The game was very one sided and St. Stephen deservedly won 6-0 in a convincing display.

After this, I was delighted with how the boys played in the second game, passing the ball well, working very hard and dominating the match against Bugle, winning the game 3-0 with goals from Rio Ward, Harry Hambly and Aidan Jeffreys.

We then had a match against St. Mewan, with the winners progressing to finals. It was a closely contested game with both teams having the opportunity to win the game. We continued our good play from the previous game, but St. Mewan proved to be our equal and the final score of 0-0 was a fair reflection on the game. Unfortunately, this meant we finished on equal points with St. Mewan and with their goal difference being better than ours, they went into the semi-finals whilst we returned to school.

I was delighted with the attitude of the whole squad, putting their opening results behind them to perform well and just miss out on the semifinals.

Mr. Wallbank

Sport in Numbers

In the recent Sports Personality of the Year vote, Lewis Hamilton won with a total of **209,920** votes, whilst runner up Rory McIlroy amassed **123,745**. In third place was Westcountry runner, Jo Pavey who gained **99,913** votes.

Cornwall's own, Issy Wykes, finished as second lady (beating all of the men) in the recent Self-Transcendence 24 hour race; running non stop for a whole day around a running track. In **24** hours, she managed **142** miles - less than **2** miles behind the winner and over **15** miles ahead of the first male.

In the last **22** years of league football, Manchester United have been the most successful Boxing Day team, earning **53** points from their Christmas games. Arsenal are second with **38** points whilst Coventry are a surprise in third with **36** points. Plymouth Argyle are in an impressive 9th place with **33** points, just being edged out by Walsall and Birmingham on goal difference.

Cross Country

We are now over halfway through the cross country season, with three of the five races in the Par Series completed. The children have performed very well each month and I am delighted to see many children improving their positions each time, as well as each team performing well. With two more races remaining, the next race in January will give a clear picture of whether we shall finish the season with any silverware for the trophy cabinet.

Year 5 Boys

The year five boys team has gone from strength to strength, with three year four runners performing very well as part of their team. Having finished as third team in race 1, the boys travelled down in November with confidence and were delighted to finish in 2nd place, something they replicated in December. This means one more top three finish from the remaining two races will guarantee a medal position at the end of the season, with a great opportunity of 2nd overall. Individually, Josh Robinson (year 4) has really impressed, improving in each race to secure 10th, 9th and 6th place finishes so far. Joxy Stewart Ashley, Kieran Rundle (year 4), Jack Ratcliffe and Zac Bromley (year 4) have also been in top 30 positions, scoring well for the team. Further behind, Alfie Carr (68th up to 30th) and Hayden Teversham (50th up to 38th) have made particular improvements in position. With fifteen boys racing, we have been one of only two schools to enter an A, B and C team, with our B team currently sitting in 7th place overall out of 18 teams, the top B team in the league!

Year 5 Girls

Having finished in 2nd place in race one, the girls ran with great energy in race two, trying hard to make up for missing runners. It was an incredible race, with the team finishing in 3rd position, only one point behind second! Scarlett Guy particularly impressed by finishing in 18th, thirteen positions higher than in race one.

Unfortunately, in race three many runners got off to a poor start and the team fell to 5th position, despite a great run from front runner Amelia Budge who finished in 9th. Whilst the team currently sits in third place, it is very close between 2nd and 5th and the girls will have to return to their form from races 1 and 2 if they want to finish the season in a medal position. Outside of the top positions, strong running has seen improvements for Madison Moriarty (84th up to 71st) and Ruby Ralphs (66th up to 53rd). We are one of only two schools to have put out enough runners for a B team - superb enthusiasm!

Year 6 Boys

Looking to improve on their 9th place finish in race one, the boys have worked hard to improve in the following races, with Oliver Dillon being the only runner in the team each race, supported by Louis Hart, Shailan Dungey and Cory Bounsall all finishing well throughout. The team dropped to 11th place in race 2, but improved again in race 3 to regain 9th. The numbers participating have also been great, with Biscovey being one of only two schools entering a B Team into each race. Louis Hart has made great improvements, jumping up from 56th in race 1 to 29th in race 3, whilst William Evesham and Oliver Dillon have both improved well from the start of the season.

Year 6 Girls

The year six girls team have really impressed me this season, having finished in an impressive forth position in race one, despite not having any runners in the top 10 overall. I was hoping they may equal that again in race two, but they surprised me by going one better, finishing in third position, which they replicated in race three to put us in third place overall. If they can finish third just once more from the two remaining races, they should confirm third place overall, although this will be a tough ask as there are some very strong teams involved. Amelia Klups has led the team home in each race, finishing in a consistent 12th, 12th and 11th. Kaitlin Wotton and Aimee Lumb have made up the team each time, each showing great consistency in their positions.

With two races remaining, we can look forward to the possibility of three of our four teams gaining trophies, and I am sure we shall enjoy further improvements in individual placings as well. Well done to all involved!

Mr. Wallbank

Spring Term Dates

January

07.01.15	Par Cross Country Race 4
13.01.15	Football & Netball v Mount Charles Home
20.01.15	Football & Netball v Carclaze Home
27.01.15	Football & Netball v Sandy Hill Away

February

03.02.15	Football & Netball v Carclaze Away
04.02.15	Par Cross Country Race 5 (Final Race)
10.02.15	Football & Netball v St. Stephen Away
25.02.15	Par Cross Country Presentation

To be Arranged

Tag Rugby fixtures; Swimming Friendlies