



'I've learned to place my faith in my fellow citizens, especially those of the next generation, whose conviction in the equal worth of all people seems to come as second nature, and who insist on making real those principles that their parents and teachers told them were true but perhaps never fully believed themselves. This [curriculum] is an invitation to young people to remake the world once again, and to bring about, through hard work, determination and a big dose of imagination, a world that finally aligns with all that is best in us.' Barack Obama

PSHE National Curriculum Guidance

Across primary school the following themes should be studied at an age-appropriate level (as defined in our Intent):

Pupils should develop knowledge about –

- Relationships
- Difference
- Staying safe
- Rights and respect
- Changing and growing
- Managing feelings

Biscovey Academy PSHE Sequence of Learning
LKS2

Biscovey Academy PSHE Sequence of Learning
Cycle A

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Me and My Relationships	Keeping Safe	Valuing Difference	Rights and Respect	Being My Best	Growing and Changing
1. What does a healthy relationship look like? 2. What is OK and not OK? (OK or not OK?) 3. Why do I need assertive skills? (Under pressure) 4. What makes a good verbal communicator? 5. What does inappropriate behaviour look like in person and online? 6. How can I respond to others' feelings? (When feelings change) BA DREAMS	1. To share or not to share? (Picture wise) 2. Why do online games have PEGI ratings? 3. What are the norms of legal drugs? (Know the norms) 4. What are the effects of addiction? (For note: legal addictions e.g. money, mental/physical health). 5. How do we keep ourselves safe in the community? (Keeping ourselves safe) 6. Why is it important to report my concerns?	1. What does diversity mean to me? BA DREAMS 2. How am I similar and different to others? (What would I do?) 3. What does stereotyping look like? (That is such a stereotype!) 4. What makes up someone's identity? 5. Why is it important to recognise and accept difference? (The people we share our world with) BA DREAMS 6. What do I do if people are treated incorrectly?	1. What are the different British Values? 2. Rights vs responsibilities: what is the difference? (It's your right) 3. Why do we need rules to stay safe? (How do we make a difference?) BA DREAMS 4. Who helps me? (Who helps us stay healthy and safe?) 5. How can I keep on top of my money? (Harold's expenses) 6. Why do we pay taxes? (Why pay taxes?)	1. What makes me special? (What makes me ME) 2. What am I appreciative of? 3. What is mental health? 4. How do I manage set-backs? 5. How do I set myself goals? BA DREAMS 6. How can I maintain a healthy lifestyle? (SCARF hotel)	1. How can I express my feelings? (My feelings are all over the place) 2. What is normal when we grow up? (Together) 3. What happens to our bodies when we grow up? (as Y3 with mood changes, relationships, periods) 4. What changes are we not in control of? (Moving house)
Enquiry question colour coding explained: SCARF Lesson Biscovey Specific BA DREAMS- Links directly to a school value					

Biscovey Academy PSHE Sequence of Learning
Cycle B

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Me and My Relationships	Keeping Safe	Valuing Difference	Rights and Responsibilities	Being My Best	Growing and Changing
1. Why do we need rules? (As a rule) BA DREAMS 2. What is bullying? 3. What does a positive family look like? 4. Who are my special people? (Looking after our special people) BA DREAMS 5. What makes a friend a friend? (Friends are special) BA DREAMS 6. Why do we love our pets? (My special pet)	1. What does safety look like? (Safe or unsafe?) 2. What does being safe online look like? (Super searcher) 3. Are people online the same offline? 4. Help or harm? 5. Why do some people have habits? (Alcohol and cigarettes: the facts) 6. How do we manage risk? (The risk robot)	1. How do we celebrate our differences? (Let's celebrate our differences?) BA DREAMS 2. What is a community? (My community) 3. Is everyone in a community the same? (Family and friends) 4. Why is diversity amazing? (Our friends and neighbours) BA DREAMS 5. How do we defeat prejudice? (Zeb) BA DREAMS	1. What are British Values? 2. How can I help others? (Helping each other to stay safe) BA DREAMS 3. What do volunteers do? (Our helpful volunteers) 4. Why do I need to care for the planet? 5. Does money really make the world go round? BA DREAMS 6. Can I afford it? (Earning money)	1. What is a healthy habit? (Poorly Harold) 2. Why do I have to brush my teeth? 3. What's for dinner? (Derek cooks dinner!) 4. How can I be a good person? 5. Why do we aspire? (I am fantastic!) BA DREAMS 6. What does success look-like? (Top talents) BA DREAMS	1. What is a healthy relationship? (Relationship tree) 2. What is personal space? (Body space) 3. Is a computer screen a friend? 4. Should I always keep a secret? (Secret or surprise) 5. Will I always stay the same? (My changing body – body hair, facial hair, sweating, spots) 6. How do I save a life? (Basic first aid)
Enquiry question colour coding explained: SCARF Lesson Biscovey Specific BA DREAMS- Links directly to a school value					

Biscovey Academy PSHE Sequence of Learning
Year 5

<u>Year 5 Autumn 1</u>	<u>Year 5 Autumn 2</u>	<u>Year 5 Spring 1</u>	<u>Year 5 Spring 2</u>	<u>Year 5 Summer 1</u>	<u>Year 5 Summer 2</u>
Me and My Relationships	Keeping Safe	Valuing Difference	Rights and Respect	Being My Best	Growing and Changing
1. What can we do with bullies? BA DREAMS 2. How good a friend are you? (How good a friend are you?) 3. Are friends always besties? 4. Why won't my bestie text back? 5. What do relationships look like?	1. Is it ok when it is online? (Spot bullying) 2. Are likes worth it? (Play, like, share) 3. How does vaping affect me? (Vaping: Healthy or unhealthy?) 4. Is that habit healthy? (Thinking about habits) 5. Why do we have laws? BA DREAMS	1. Why is diversity important? BA DREAMS 2. How amazing are our differences! BA DREAMS 3. How should I celebrate our differences? BA DREAMS 4. Who are the people who embody the brilliance of diversity? (Happy being me) BA DREAMS 5. Why are stereotypes damaging? (Stop, start, stereotypes)	1. How do we show British values? BA DREAMS 2. What is a school community? (My school community and Being my best) 3. What does it mean to make a difference for the environment? (Mo makes a difference) 4. How do I manage my money? (Spending wisely) 5. Is borrowing bad? (Lend us a fiver!) 6. How do I earn respect? (It could happen to anyone)	1. How do I look after my mental health? 2. How do I look after my physical health? 3. What does independence look like? 4. Why does responsibility come with independence? (Online responsibility too) 5. Amazing me! (Star qualities) 6. What is sepsis? (Basic first aid and sepsis awareness)	1. What are hormones? 2. Why am I starting to smell? (Growing up and changing bodies) 3. What does abuse look like and what should I do about it? <i>Unit links to science topic and is to be taught alongside this.</i>
Enquiry question colour coding explained: SCARF Lesson Biscovey Specific BA DREAMS- Links directly to a school value					

Biscovey Academy PSHE Sequence of Learning
Year 6

<u>Year 6 Autumn 1</u>	<u>Year 6 Autumn 2</u>	<u>Year 6 Spring 1</u>	<u>Year 6 Spring 2</u>	<u>Year 6 Summer 1</u>	<u>Year 6 Summer 2</u>
Me and My Relationships	Keeping Safe	Valuing Difference	Rights and Respect	Being My Best	Growing and Changing
1. What are the qualities for positive relationships? (Working together) 2. What does bullying look like in person and online? 3. How can I communicate positively online? 4. How can I deal with uncomfortable situations? (Assertiveness skills) 5. What does it look like to communicate my feelings maturely? 6. What are the qualities of marriage? (Don't force me)	1. Why should I think before I click? (Think before you click!) 2. To share or not to share? (To share or not to share?) 3. What are the impacts of taking legal drugs? 4. What are the impacts of taking illegal drugs? 5. How would I manage situations with drugs? (Drugs: It's the law!) 6. How do people change habits?	1. What benefits does embracing diversity have? BA DREAMS 2. How amazing are our differences? BA DREAMS Why do we celebrate differences? 3. What does prejudice-based bullying look like? 4. Will boys be boys? (Boys will be boys – challenging gender stereotypes) 5. What does tolerance and respect look like? (Tolerance and respect for others) 6. Helpful or harmful? What bystander am I? (OK to be different)	1. Why are British Values important? BA DREAMS 2. Is the media always true? (Two sides to every story) 3. How can I help my local community? (Happy shoppers – caring for the environment) 4. What career paths can I take? BA DREAMS 5. What are the impacts of borrowing money?	1. Why does my mental health matter? (Five ways to wellbeing project) 2. How do I develop a growth mindset? BA DREAMS 3. Why do other people's achievements matter to me? BA DREAMS 4. What am I grateful for? 5. What's the risk? (What's the risk?)	1. How do they do it? (Media manipulation and Pressure Online) 2. Is that ok? (Acting appropriately) 3. Do friendships stay the same? 4. How was my Biscovey DREAM? 5. What will change after the summer holiday? RSE: - Puberty - How a baby is made - Facts vs myths - Q + A
Enquiry question colour coding explained: SCARF Lesson Biscovey Specific BA DREAMS- Links directly to a school value					