



Biscovey Primary Academy
Teaching and Learning Principles
Subject: PSHE

‘Roots to grow, wings to fly’

School Vision:

At Biscovey Primary Academy we aim for every child to flourish in a nurturing environment, demonstrate respect and kindness, whilst building resilience and ambition for the future.

Our curriculum ensures that we deliver a range of topics across the age phases which develops sequential learning where pupils know more and can do more, ensuring that they are ready for their next stage in education.

Our nurturing ethos endeavours to support all children and their families. Through this approach we are able to work together to ensure that we meet the needs of all learners in our school.

We pride ourselves on delivering an ambitious curriculum, focusing beyond the academic curriculum, developing a child’s individual character. Our core values; 'nurture', 'respect' and 'ambition' run through all areas of school life and learning which allows the whole child to develop into a confident and caring young individual. The Biscovey child shows respect, and through ambition, self-belief and courage approaches learning with an inquisitive mind.

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Subject Intent:

At Biscovey Primary Academy, our Personal, Social, Health and Economic Education (PSHE), including Relationships and Sex Education (RSE), is designed to equip pupils with the knowledge, understanding and skills they need to thrive both now and in the future. We recognise that academic success is built upon strong relationships, emotional wellbeing and a sense of belonging. Therefore, our curriculum places a significant emphasis on developing positive relationships, promoting emotional literacy, fostering resilience and ensuring pupils understand how to keep themselves safe, both online and offline.

Our curriculum has been carefully tailored to meet the specific needs of our school community. Through collaboration with the safeguarding team, school staff, pupils, parents and the wider community, we have developed a curriculum that reflects the experiences, challenges and aspirations of our children. This ensures that learning is relevant, meaningful and responsive to the needs of Biscovey pupils.

A particular focus of our curriculum is building healthy relationships and promoting online safety. We recognise that children are growing up in an increasingly digital world and require the knowledge and skills to navigate online spaces safely, responsibly and confidently. Alongside this, pupils learn about respect, friendship, diversity, consent, boundaries and effective communication, enabling them to build positive relationships and contribute positively to society.

Our PSHE and RSE curriculum also seeks to address the anxieties, challenges and vulnerabilities identified within our community. Through carefully planned learning, children develop strategies for managing emotions, maintaining positive mental health, understanding risk and making informed decisions. We provide pupils with opportunities to discuss real-life situations, explore different perspectives and develop the confidence to seek support when needed.

By placing relationships, wellbeing and safeguarding at the heart of our curriculum, we aim to prepare pupils not only for the next stage of their education but also for life beyond school. We want every child to leave Biscovey as a respectful, resilient and responsible citizen who understands how to stay safe, maintain healthy relationships and embrace the opportunities and challenges of an ever-changing world.

Subject Implementation:

Our PSHE curriculum is built around six core themes: Me and My Relationships, Keeping Safe, Valuing Differences, Rights and Responsibilities, Being My Best and Growing and Changing. These themes are revisited annually, allowing pupils to build upon prior learning and develop a deeper understanding of key concepts over time. Through this spiral approach, children know more and remember more as they progress through the school. Each unit contains age-appropriate content that broadens pupils' knowledge and understanding while promoting the values of democracy, individual liberty, mutual respect, tolerance and the rule of law, supporting pupils' understanding of British Values.

A particular emphasis is placed on developing positive relationships, emotional wellbeing and online safety. Learning is designed to help pupils navigate the challenges they may encounter both within and beyond school, enabling them to understand risk, build resilience, manage emotions and make informed decisions. Through discussion, reflection and scenario-based learning, pupils are taught how to keep themselves safe, seek support when needed and demonstrate respect for themselves and others.

We recognise that Relationships and Sex Education forms a sensitive yet essential part of our PSHE provision. To ensure learning is delivered thoughtfully and effectively, there are fewer enquiry questions within the Growing and Changing unit from Years 4 to 6. This deliberate approach provides pupils with opportunities to reflect on their learning between lessons and return with any questions, concerns or misconceptions that can be discussed with trusted adults in a safe and supportive environment. Parents and carers are provided with clear information about the content of the RSE curriculum and retain their statutory right to withdraw their child from designated sex education lessons.

Teaching and learning are recorded in PSHE floor books, providing an inclusive and creative way for pupils to showcase their understanding, reflections and collaborative learning. These floor books celebrate pupil voice and demonstrate progression across the curriculum. The quality and impact of PSHE are monitored half-termly through pupil conferencing, floor book scrutiny and lesson observations. This monitoring ensures that learning remains responsive to pupils' needs, that curriculum coverage is consistent across the school and that pupils are developing the knowledge, skills and behaviours necessary to become safe, respectful and responsible members of society.

Subject Impact:

Our PSHE curriculum equips pupils with the knowledge, skills and confidence to thrive in secondary education, their teenage years and life beyond school. Through an inclusive, diverse and ambitious curriculum, pupils develop the understanding needed to build positive relationships, make informed decisions, manage risks and contribute positively to their community. By revisiting key themes each year, children deepen their understanding and acquire the language, knowledge and skills necessary to navigate an increasingly complex world with confidence and resilience.

As a result of our curriculum, pupils demonstrate respect for themselves and others, celebrate diversity, understand how to stay safe both online and offline, and show increasing emotional literacy and self-

awareness. They are able to discuss sensitive topics thoughtfully, make connections between learning and real-life experiences, and understand their role as responsible citizens.

Regular monitoring of teaching and learning ensures high-quality curriculum coverage and consistency across all year groups. Where gaps in knowledge, skills or understanding are identified, the curriculum is adapted to provide the fundamental learning required for pupils to flourish. Consequently, pupils leave Biscovey as confident, respectful, resilient and well-rounded individuals, fully prepared for the opportunities, responsibilities and challenges of the next stage of their education and beyond.